



What is an ELSA?

An ELSA is an Emotional Literacy Support Assistant. They work with and support the emotional wellbeing of pupils within their settings through planning, delivering and evaluating individual and group interventions.

Benefits of having an ELSA

- Prompt access to support within your setting
- Increased emotional wellbeing within the early years
- Improved emotional literacy will support children with their learning

ELSA Early Years Training Course 2020-21

Medway Educational Psychology Service

Venue: Hilltop Primary School

Hilltop Road

Rochester

ME2 4QN

(Parking on the street)

Dates: November 6th 2020,
December 11th 2020, January 15th 2021,
February 12th 2021, March 12th 2021,
March 26th 2021

To book your place email:

education.psychology@medway.gov.uk

Course content

Day 1: Introduction to Emotional Literacy (Morning session for ELSAs and their SENCo's/SLT manager)

Day 2: Attachment and Belonging

Day 3: Resilience and Self-Esteem

Day 4: Emotional Regulation

Day 5: Grief and Loss and the use of story within ELSA work

Day 6: The Importance of Play

Cost of Training

Cost for initial training: Free (Six training days and the first year of supervision)

Ongoing Costs: £250/Half a day of EP time for 6 sessions per year