

## Babies, children and older people are most at risk if a fire breaks out in their home.

It's not the heat but the smoke which is most dangerous to them, as their bodies are less able to cope.

Did you know just three breaths of fire smoke can be fatal, even for a young and healthy adult?

We can keep your family (including parents, aunts, uncles and grandparents) safe this winter, but we need your help!

Get in touch so we can give essential fire safety advice which is tailored to their home, needs and lifestyle.

It's all free of charge - even the phone call.

Call us today on 0800 923 7000, email home@kent.fire-uk.org or visit www.3breaths.info







Find us on **Facebook** and **Twitter** Search **kentfirerescue** 









**Kent** Fire & Rescue Service